

...november 12, 2013...

to be exactly who we think we are we must continuously recreate the thoughts of who we think we are right now mixed with thoughts of who we think we've been —

yet when we change our thinking of ourselves we scarcely realize that we have changed – thinking – that when thinking of ourselves we are always more or less the same –

and so we think our thoughts into ourselves not comprehending all that we reflect is but ourselves reflected back to us –

not even realizing we are all creating both ourselves and all we see and we are all a universe of 'me'.

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