



...march 08, 2018...

if i cry a thousand tears
are you the person i should blame
pretending that the tears i cry
are only issues you have made?

(inside my heart i truly know
the sadness is already there
always waiting to explode
into some unexpected now) –

you are the instant triggering
to scars that wrap my childhood –
so let me pause to thank you for
those tears that show me where to heal.