



...january 22, 2025...

**breathe slow – breathe deep  
as magic blooms –  
the magic that is always here  
glinting sunlight through the air  
and shifting clouds through azure skies  
to bathe the skin and tingle eyes –**

**breathe deep – breathe slow  
into the now –  
this is the now made manifest –  
the hero's journey gathering  
memories of heights and depths  
perpetually unravelling –**

**breathe slow – breathe deep –  
the magic blooms  
into each dawn that merges day  
with winds and trees and birds in sway  
all gathering the outside in  
till we become the living dream.**

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